



Dear Friends of Abbas Rest, I can't believe its 6 months now since we sent out the newsletter. We are happy to bring you the good news that Abbas Rest is doing a tremendous job by providing basic needs to the orphans and vulnerable children, making sure that they have got a bright future like any other child.

was living in fear for her life because of the killings of people with albinism. The officer in charge phoned us and we were able to support them with examination fees, exercise books and food. They went home smiling as they stay with their grandmother who in her 80s.



One of the best things is that we are empowering and motivating children to work extra hard in schools. With the GO BACK TO SCHOOL program, started in 2017 we are proud to report that a big number of young people have returned to school and they are doing well in their studies.

Care and Share supported a total of 97 children with exercise books, pens and school uniforms. Because there is great need our number has increased from 50 to 60 children in the maize program and 45 children on school fees program



Zione
For example, see (two sisters) they have been in many places asking for help but no one was able to. They decided to seek help from the police since Muwafuna (with albinism)



Due to the support provided, they are able to perform well in their studies. This year, 9 students sat for their Malawi School Certificate of Education, and we are proud to inform you that 8 of them passed with flying colours which is a great success to Abbas Rest. This year we have paid examination fees for 15 children, they are boys and girls who are working very hard

and we believe that they will pass with good grades. Forster checks school progress and helps them in their difficult subjects, this academic year 2019/20 it is our wish that all children sitting for MSCE should pass. Below is the record from 2018 - 2019.

Year	Total number sat MSCE	Total number Passed MSCE	Total number Failed MSCE
2018	12	9	3
2019	9	8	1

After the children complete their form 4, they don't go further with their education but this time we are happy to report that 10 students are now learning computers. A big thanks to the ministry of information for bringing ICT services to the community.



Care and Share this year, has been able to maintain its wall, rewire the house and office as well as replacing the old gate.



In June this year Madge visited the warm heart of Africa-Malawi on project monitoring and evaluation. While here she was able to visit a number of projects we are working on. She was happy to see what the Abbas Rest is achieving.

On Projects & Development



One of the water kiosks is nearby the school; see how it's helping the children to get safe and clean water. On the water project we had so many problems but we are glad to report that all problems on the ground were sorted out and people are getting the water.



Among all the duties she performed during her stay in Malawi, she met Eric who has been sponsored by the charity. Eric is now working with the Mulanje Tea estate and is a part time businessman "selling shoes".



The CBCC

On the visit to the nursery school, Madge saw a great change and was happy to see the school growing. This time the locals have made their own local playing materials. Making sure that they meet the standards of the learning environment.



Madge visiting the playing ground

After learning in the class, they do have time to refresh their brain. While they play outside, some of the care givers look after them while others are busy preparing porridge for them.



Abbas Rest continues to support the children by providing a hot nutritious meal every day. This year we also supplied them with some learning materials like alphabets and playing materials like football, netball etc.



The nursery school is very self-reliant and has its own farm land where parents/guardians are farming in order to grow their own food. They know that the Care and Share is supporting a big number of people in the area. Care and Share have provided them with farm inputs (2 bags of fertilizer and 10kgs of maize seeds)

Special thanks to Evan, Madge's young neighbour, for supporting the children in Malawi with clothes. Evan you put a smile on their faces.



One thing about networking is that it helps us to develop as well as to improve. While meeting other CBOs on the review of "Ensuring universal access to quality education for all". Other CBOs appreciated the Care and Share team for its interest, making sure that all children have access to quality education.



Networking

When Madge visited Malawi, she called in to the hospital and schools where most of the support goes. In the photos below Madge discussing with the matron on hygiene on the other photo discussing about water challenges at the hospital.





Self-reliance - the charity bought maize seeds and fertilizer and gave to those families that are able to and support orphans. This will help them but also encourages self-reliance. People are very thankful for the support they receive from the Care and share.



On the other hand, Care and Share works closely with its supporting groups, namely, the youth group and HIV group. At the end of October, 2019 the HIV group supported 20 elderlies by giving them maize.



HIV support group - geared to support others

Chiringa was hit by strong winds which destroyed people's homes. Care and Share supported some of the families with maize. Because of Cyclone Idai which destroyed so much; hunger has come early this year, with many people coming to Care and Share office in middle September, asking for food.

We are able to support as many as our budget will allow. From the team here in Malawi, Forster, Blessings, George, Timothy, Cecilia and Eunice we now pass on the news at base level to Madge and Muriel

Please remember you can check out our website or facebook page for the latest news.



Am happy with the support we receive from the charity on monthly basis. With my condition food is a problem and unable to support my grandson but I am grateful because the Care and Share has done it for me God bless Care and share - Mr Banda said.



I depend on farming in order to support my family but because of cyclone Idai failed to harvest as usual. I had no hope we knew that we will die of hunger but I am grateful for the support we receive from Care and share (with her son Davie John - blind)



Miss Edina, She is in her 80s and she is keeping 6 children (Orphans). Care and Share team assisted the children with learning materials like exercise books and pens as well as a bag of maize monthly.

Home News

In June 2019 I set off, with some trepidation, on my first big trip since losing my husband. I was warmly welcomed and well cared for by the team. My heart lifted when I saw all the good work they are doing in your name, and with your prayerful, financial support. Forster has told you about some of my visits and I am sure you can see the good results we are achieving. There continues to be some problems with the borehole but the Michesi Water committee is being supported to deal with that. We have just had a request from the authorities to consider extending our water supply to the local maternity unit. This needs careful consideration, but is indicative of the value put upon our service to the locality.

Preparing to be amazed

In our last newsletter we were challenged to recruit at least one new supporter from a younger generation. I am happy to report that a member of my family has stepped up to the mark. How did you fare? The gospels provide numerous examples of people being amazed and Jesus himself was amazed at the faith he encountered in a Roman Centurion (Luke 7) It is my belief that we should be amazed by what our small charity is achieving in Chiringa. With your help we can continue and even, grow. Let us enter this season of Advent living in the 'everyday' but with a sense of wonder and amazement at what God can and will do, in the future.

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